



Teenage Pregnancy

Avoid pregnancy

When you are still a teenager

When you fall pregnant: Who will take care of you and the child?
Will the father of the pregnancy accept it?

Will you still go to school and plan your future
Will you know if you do not have HIV?

Resist sex
Protect yourself and think of the future

Zimbabwe

Value Yourself... Use Protection

There was a couple - a young girl named Lisa, 15, and a young man named Dean, 19. They had been together for about a year and things seemed great.

Recently, however, Dean persuaded Lisa to have unprotected sex. They had previously had sex with protection and Lisa was reluctant to have unprotected sex but with persuasion and a few drinks she agreed. She really enjoyed it and they continued to do this.

After a few more nights of sex Lisa went to the doctor to check if she was pregnant. To her shock and anguish she got the results back and found out that she was. She told her boyfriend straight away.

He left her saying he didn't want or feel as if he could handle having a child. Lisa now feels stuck and she doesn't want to tell her parents as they didn't even know she was having sex and are very protective over her. She has no-one to turn to.

UK



Patricia's story

Patricia is 17 years old. She used to escape from school and go to night clubs with her boyfriend John. Today, she came to visit John to inform him that she had missed her period for two months now. John denied being responsible for her pregnancy and locked her out of the house.

She is now worried about how she is going to tell her parents, and what is going to happen to her education. Schools expel any girl they find pregnant.

Uganda